

Diamond Peak Ski Patrol

Medical Treatment Protocol

Dislocated Shoulder/AC Separation/Fractured Clavicle

These three injuries can be difficult to differentiate in the field. Therefore, unless you are absolutely sure of the injury, these injuries should all be treated in the same manner.

Neuro/vascular assessment distal to the injury site must be determined and documented. All patients should be placed in a sling and swath in the position they are found. As a general rule, we do not apply figure-of-eight bandages on the Hill.

Posterior shoulder locations are difficult to manage due to the awkward position of the arm. However, the arm needs to be stabilized in the position it is found. Both Penthouse and Eagle's Nest have "shoulder boards". These are used to help transport the patient in a sitting position. Serious consideration should be given to the use of a shoulder board with these types of injuries.

Treatment

- Primary and secondary patient assessment, documentation of neuro/vascular distal
- Splint in position found/comfort
- Transport

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